

「Health Plus」自選檢查項目 Check-up Scheme opt-in items

適用於所有計劃 Applicable to Plan 1 - Plan 2

檢驗項目
Investigation Items



Your Health 為你健康
Our Purpose 盡力盡心

心臟健康檢查 HEART Health Programme

運動心電圖檢查
Treadmill Test



冠狀動脈電腦斷層造影
(鈣化評分)

CT-Coronary Angiogram (CTCA)
with Calcium Scoring

(適合70歲或以上人士)
(recommended for people aged 70 or above)



冠狀動脈電腦斷層造影
CT-Coronary Angiogram (CTCA)
without Calcium Scoring



超聲心動圖
Echocardiogram



24小時心電圖檢查
24-hour ECG (Holter) Monitoring



香港中文大學醫院 CUHK Medical Centre

地址 Address :

香港新界沙田澤祥街9號香港中文大學醫院11樓
11/F, CUHK Medical Centre, 9 Chak Cheung Street,
Shatin, New Territories, Hong Kong

服務時間 Service Hours :

星期一至五 9:00-17:00
星期六 9:00-13:00
星期日及公眾假期休息
Monday to Friday 9:00 AM - 5:00 PM
Saturday 9:00 AM - 1:00 PM
Closed on Sunday and Public Holidays

電話 Telephone :

保健中心 Wellness Centre : (852) 3946 6188
一般查詢 General Enquiries : (852) 3946 6888

電郵 Email : general@cuhkmc.hk
網址 Website : www.cuhkmc.hk



CUHKMC/HL/WOMENHEALTH/INTRO/2023/11

香港中文大學醫院
CUHK
Medical Centre

「Health Plus」自選檢查項目將不定期更新，詳情可向本中心的服務人員查詢。
Health Plus Check-up items will be updated from time to time.
For details, please contact our service team.

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心臟健康檢查計劃 Heart Health Programme

統計數字顯示，自六十年代起，心臟病已是本港第三號殺手。當中更以冠心病為首。於2020年，每天平均約有10.5人因冠心病而死亡*。

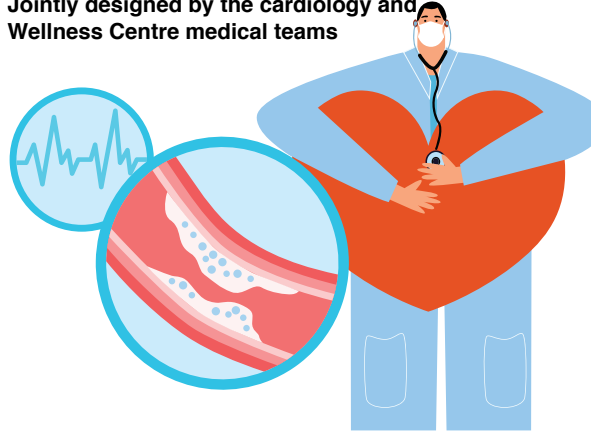
由中大醫院心臟科及保健中心醫療團隊共同設計的心臟健康檢查計劃（計劃），透過評估以協助您更適切地關注心臟健康。計劃針對您的需要備有不同選擇，有助及早發現潛在性的心臟問題，促進心臟健康。

Heart diseases have been the third leading cause of death in Hong Kong since 1960s. Coronary heart disease is the major cause of death among all types. In 2020, about 10.5 persons on average died from coronary heart diseases per day*.

The Heart Health Programme (Programme) is jointly designed by the CUHKMC cardiology and Wellness Centre medical teams with assessments for better monitoring your heart health. The Programme is designed to offer you choices in promoting heart health with early detection of potential heart problems.

計劃特色 Programme Features

✓ 心臟科及保健中心醫療團隊共同設計
Jointly designed by the cardiology and Wellness Centre medical teams



✓ 不同計劃選擇符合不同需要
Plans to suit different needs



✓ 心臟醫療及教授團隊為後盾
Backup by medical and professorial team in cardiology



心臟健康檢查計劃 內容和收費 Heart Health Programme Details & Fee

檢查項目 Investigation Items
計劃包含下列項目，除特別註明外
Plans include items listed below unless otherwise specified

計劃 (一)
Plan 1

計劃 (二)
Plan 2

諮詢及評估 Consultation and Assessment

體格檢驗

Physical Examination

血壓、身高、體重
Blood Pressure, Height, Body Weight,
體重指標 (BMI)、腰圍
Body Mass Index (BMI), Waistline

十年ASCVD風險計算
10-year ASCVD Risk Assessment

醫生檢查前會診及解釋報告
Pre-Consultation & Report Analysis by Doctor

血液檢測

Blood Analysis

全血計數 Complete Blood Count

紅血球、血色素、白血球、血小板
Erythrocytes (red blood cell), Hemoglobin,
White Blood Cell, Platelet

冠心病風險

Coronary Artery Disease Risk Assessment

全血脂分析 - Lipid Profile

總膽固醇 - Total Cholesterol

高密度膽固醇
High-density Lipoprotein Cholesterol

低密度膽固醇
Low-density Lipoprotein Cholesterol

非高密度脂蛋白膽固醇
Non-high-density Lipoprotein Cholesterol

三酸甘油酯 - Triglycerides

總膽固醇及高密度膽固醇比率
Total Cholesterol / HDL ratio

糖尿病評估

Diabetes Assessment

空腹血糖 - Fasting Blood Sugar

糖化血色素 - HbA1c

肝功能評估

Liver Function Assessment

谷丙轉氨酶素 - ALT

腎功能評估

Renal Function Test

肌酸酐 - Creatinine

心臟健康評估

Heart Assessment

靜態心電圖 - Resting ECG

超聲心動圖 - Echocardiogram

冠狀動脈電腦斷層造影*
CT-Coronary Angiogram (CTCA) without Calcium Scoring*

收費 Fee (HKD) 優惠價 \$5,600 優惠價 \$7,960
(原價 Fee \$6,230) (原價 Fee \$8,540)

*可以港幣 \$1,642，將冠狀動脈電腦斷層造影，升級至冠狀動脈電腦斷層造影 (鈣化評分)
*You have the option to upgrade to CT-Coronary Angiogram (CTCA) with Calcium Scoring at a discounted rate of HKD\$1,642

